

# Camper Information Packet Summer of Games and Glory 2020



“Helping people grow and succeed through lifelong experience based learning” – Camp Joy Mission

## Camps Team

Camp Director: Erin Policinski  
Client Manager: Jake McGinty

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## Contact Info

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Mailing Address: PO Box 157 Clarksville, OH 45113

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Camp Phone: 513-630-0260

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### What is Camp Joy?

**Camp Joy** is an 83 year old year-round camp that combines discovery, adventure, and fun in addition to celebrating the growth and success of children. It includes everything one would hope to have at camp: campfires, nature hikes, swimming, crafts, face paint, songs, dancing, fishing, hot pink gorillas, superheroes, S'MORES and so much more!

Our counselors teach youth development principles to young people utilizing safe, fun, intentional, experienced-based programs.

We are devoted to creating supportive and enriching experiences that provide campers with opportunities to grow intellectually, personally and socially as they develop healthy friendships and create long-lasting memories.

### Camp History

Camp Joy was founded in 1937 by the St. Barnabas Episcopal Church. Joy was one of the first camps to welcome black and white children in a coeducational sleep-away camp environment.

### Camp Location & Facilities

Camp Joy is located on 317 acres in Clarksville, Ohio, about 1 hour northeast of Cincinnati.

- Yurts and cabins
- Miles of hiking and biking trails
- Fishing and Canoeing Pond
- Swimming pool
- Nature center
- Creative Arts Studio
- Kids kitchen
- Pioneer cabin
- High and low challenge courses



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### Typical Day at Camp

**7:00am:** Optional “Early Bird Activity” (hike, yoga, poetry or a sunrise celebration)

**9:00am:** Breakfast

**10:30am:** Swimming & Adventure

Zone

**1pm:** Lunch

**2pm:** Feet off the Floor Time

**4:30pm:** Zones!

- Discovery Hikes
- Ropes Course
- Fishing & Canoeing
- Arts & Crafts
- OR Camper Choice!

**6:00pm:** Dinner

**7:30pm:** Evening Program

- Campfires & S'Mores!
- Large Group Game
- Dance Party!

**8:45pm:** Return to cabins

\* Optional Nighttime Activities such as astronomy or night hikes.

**9:30pm:** Lights Out!

### Sleeping Arrangements & Camper Groups

Campers sleep in cabins or yurts (with electricity and restroom facilities!) which accommodate as many as 13 campers and 3 adults. We place campers in units/cabins according to gender and age.

### Meals

Please indicate any special dietary needs on the camper's health forms and we will work with you and your camper to meet those needs. We are prepared to serve campers with allergies of all levels. If your campers are “picky eaters”, remind them that camp is a great place to try new foods.

### Beads!

Campers will collect beads that represent the activities and experiences they have tried at camp. Counselors also award beads to campers that practice respect, helping another camper, picking up litter, etc. Campers will be able to tell the story of their week using the different colored beads.

### Swimming

There is a swim test to swim in the deep end of our pool. All the fun happens in the shallow end!

### Feet Off the Floor Time

It's important that campers and counselors take time for low-energy activities. The one rule for this is that campers' feet must not touch the cabin floor. Some campers nap or quietly chat, while others play board games, draw, or write letters.

### Challenge by Choice

Campers can grow their confidence and independence when deciding how to challenge themselves. Campers can choose between an adventure hike or a ropes course experience.



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### Expectations

#### Behavior

Camp Joy reserves the right to dismiss any camper from the program as a result of inappropriate behavior. This type of dismissal may result from behavior such as, but not limited to, the use of alcohol or drugs, refusal to cooperate, or endangering the emotional or physical safety of any person at camp, including themselves.

Campers who are asked to leave due to behavioral misconduct will not be offered a refund of any kind. It is at the discretion of the Camp Director if your child can return for another session that summer or in future summers. Guardians will be contacted when it is necessary for a camper to leave camp because of behavior. It is preferred that the guardians of the camper come to Camp Joy to pick up the camper.

#### Missing Home

Joy staff receive special training in separation anxiety and homesickness. Below is information that will help your child succeed at camp and come home full of stories and pride.

1. Homesickness is 100% normal.
2. As hard as it may be, **avoid** saying the following statements:

- a. "Call me if you need me."

Camp Joy has a strict no phone-home policy. Homesickness can turn into severe homesickness the moment *after* a child is done speaking with a parent or loved one. Write encouraging letters or emails instead.

- b. "I can pick you up if you want to go home..."

Of course you can, but is that the only option? This statement shows campers that you think they'll want to go home, that you don't fully trust them, and that you are nervous when they're gone. Remember at some point most children want to go home. Try "I'll see you Friday", instead.



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3. Homesickness and overcoming it is a normal process that helps children develop independence and self-confidence. They will do fantastic!

### Electronics

Camp Joy defines “electronic devices” as radios, iPods/mp3 players, CD players, laser pointers, electronic games, VR helmets/goggles, cellular phones, smart phones, smart watches, laptops, camcorders, or other media recording devices. These items are NOT allowed at camp. At Joy, campers are constantly engaged in plenty of outdoor and community-based activities and will not need any additional stimulation. Campers are informed about this policy at the beginning of the camp session, and any electronic devices found after that time will be held safe by Joy staff for the duration of the camp session. \*disposable cameras are permitted for use during camp activities, but prohibited inside residential spaces.

If a child brings a cell phone or other communication device it will not only affect their camp experience, but it will also affect the camp experience of other children.

### Keeping in Touch

#### Your Whereabouts:

If at any time you will be at an address and phone number different from what you submitted during registration, please let us know by emailing [summercampregistrar@camp-joy.org](mailto:summercampregistrar@camp-joy.org) or calling the camp phone at (513) 630-0260.

#### Visits:

Please do not visit your child while they are at camp. Visits from parents and loved ones disrupt the camp experience and increase the potential for other children to feel homesick.

#### Mail:

Campers LOVE to get mail! It can take at least three (3) days for mail to arrive, so please plan accordingly and make sure that it arrives by Thursday. If your camper would like to write letters home, please know that we do not provide stamps, postcards, or stationery.



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## Health and Safety

**First Aid/CPR:** All of our staff have, at a minimum, training in First Aid and CPR. Basic First Aid kits are carried at all times by staff.

**Injury/Illness:** Guardians will be contacted with information around campers' illness or injury if the incident exceeds the scope of basic first aid.

**Sunscreen:** All campers **MUST** wear sunscreen at all times. Please make sure that your child:

1. Packs sunscreen
2. Knows how to apply sunscreen before coming to Camp Joy.

## Packing List

- It is recommended that your child wear comfortable, well-used clothing & shoes that are appropriate for hiking, playing outdoors, and getting muddy.
- Laundry facilities are not available except for emergencies.
- Include a laundry/plastic bag for dirty clothes. Discuss how often clothes should be changed, where dirty or wet clothing should go, etc.
- Everything should fit into your camper's duffel/suitcase and backpack combined.

### PLEASE WRITE YOUR CHILD'S NAME ON ABSOLUTELY EVERYTHING!

- It is not Camp Joy's responsibility if your child loses or damages anything while at camp.
- Please do not pack anything of high value.
- There is a lost and found campers can check if something goes missing

Luggage	Bottoms	Tops
<ul style="list-style-type: none"> <li>➤ Small duffel bag or suitcase. Must slide underneath bunk beds (no more than 16" in height)</li> <li>➤ Backpack for daily use</li> </ul>	<ul style="list-style-type: none"> <li>➤ 1 pair of pants</li> <li>➤ 4 pairs of shorts</li> <li>➤ 4 sets underwear</li> </ul>	<ul style="list-style-type: none"> <li>➤ 4 t-shirts</li> <li>➤ 1 sweatshirt</li> <li>➤ 1 rain jacket</li> <li>* Please avoid plastic/vinyl ponchos. They get ruined</li> </ul>



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<p><b>Personal Items</b></p> <ul style="list-style-type: none"> <li>➤ comb/brush</li> <li>➤ toothbrush</li> <li>➤ toothpaste</li> <li>➤ shampoo/conditioner</li> <li>➤ soap</li> <li>➤ sunscreen and lip balm – both should have SPF 30 or higher. <i>*Make sure your camper is prepared and ready to apply sunscreen 3x a day.</i></li> <li>➤ 1 reusable water bottle</li> <li>➤ functional swim suit</li> </ul>	<p><b>Linens</b></p> <ul style="list-style-type: none"> <li>➤ 1 set of pajamas</li> <li>➤ Sleeping bag OR blanket and sheets. <i>Beds are twin sized.</i></li> <li>➤ 1 pillow and pillow case</li> <li>➤ 1 bath towel</li> <li>➤ 1 pool towel</li> <li>➤ 1 wash cloth</li> </ul> <p>1 large laundry bag for dirty clothes</p>	<p><b>Feet</b></p> <ul style="list-style-type: none"> <li>➤ 4 pairs of socks</li> <li>➤ 1 pair tennis shoes</li> <li>➤ 1 pair boots (rain or hiking)</li> </ul> <p><i>Please, DO NOT BRING FLIP FLOPS! Camp is a rocky, muddy place not suitable for flip flops</i></p> <p><b>Head</b></p> <ul style="list-style-type: none"> <li>➤ 1 ball cap or bucket hat</li> <li>➤ 1 pair sunglasses</li> </ul>
<p><b>DO NOT BRING</b></p> <ul style="list-style-type: none"> <li>➤ Electronics</li> <li>➤ Cell phones</li> <li>➤ High value/new clothes</li> <li>➤ Money</li> <li>➤ Personal sports equipment</li> <li>➤ Skateboards, rollerblades, etc</li> <li>➤ Jewelry</li> </ul>	<p><b>DO NOT BRING</b></p> <ul style="list-style-type: none"> <li>➤ Aerosols</li> <li>➤ Food and Snacks</li> <li>➤ Fire making devices</li> <li>➤ Weapons of any type</li> <li>➤ Animals</li> <li>➤ Alcohol, drugs, tobacco</li> </ul>	<p>If any <b>DO NOT BRING</b> items are found on your camper, they will be held by Camp Joy Staff and returned at pick up.</p>

